

Prepared: _____
By: _____



Practice Plan for

Short Term Goals:

1. _____
2. _____
3. _____

Suggested Practice Plan for next few weeks:

Area	Time	Tasks
Technical		<u>Warm Ups (__ min)</u> <ul style="list-style-type: none">•••• <u>Building (__ min)</u> <ul style="list-style-type: none">•••• <u>Maintenance (__ min)</u> <ul style="list-style-type: none">••••
Repertoire		<u>Development Repertoire</u> <ul style="list-style-type: none">•••• <u>Challenge Repertoire</u>

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		<ul style="list-style-type: none">••••
Performance		
Creative		<ul style="list-style-type: none">••••
Total		

Summary of key objectives for this practice period: